

Success 101™ Seminars are designed to serve Entrepreneurs, Small Business Owners and their employees to succeed, to make more money and to maximize their performance.

It is a unique, holistic and customizable program for peak performance. Each session is delivered in a friendly and entertaining manner. The sessions are designed to stimulate critical thinking and to create a dynamic balance for a Happy Healthy and Wealthy life. It includes in-class interactive exercises as well as home assignments. Using the principles of accelerated learning, the

sessions are delivered one week apart. This way, attendees can review what they learn in each session and apply the main points in the given assignment activities to help them be more effective and develop new empowering habits. The intensive version is 4 full day sessions (9:00 AM to 5:00 PM) delivered on weekends and completed in one month. For businesses who want in-house service for their staff, the

program can be delivered any day of the week in either the intensive format or customized into 10 (3-hour sessions) and delivered in 2 months.

DURANET ENTERPRISES INC.

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DAY 1

9:00 AM
5:00 PM



"Success 101 helped me in both my professional life and personal life and I recommend it to whoever wants to be successful in their professional and personal life."
 Baryalai S. - Realtor and Business owner - Success 101 Graduate

Day 1 – 9:00 am to 5:00 pm

Part 1: Basics of Health and Wealth - In this session you learn a holistic approach to Wealth and Health including:

- A holistic look at the 4 Compartments of Wealth
- 4 ways to earn income
- How to increase RAW income
- 2 approaches to health and the 4 pillars of wellness
- Strategies for fostering a happy, healthy and wealthy life style

10 MONTHS

10 3 HOURS

10 45 MINUTES

3 REVIEWS

Part 2: How to Build Your Business on a Solid Foundation - In this session you learn and apply a holistic approach to Business:

- 10 pillars of any successful business
- 10 sections of business plan (you will have your own business plan by end of program)
- A roadmap for your business to work without you
- 4 ways to protect your wealth and assets
- The 7 functions of successful businesses

DAY 2

9:00 AM
5:00 PM



Day 2 – 9:00 am to 5:00 pm

Part 1: How to Get Over the Six Barriers to Peak Performance - In these sessions you get many tools that you can use immediately to get over the 6 barriers to Peak Performance:

- Get the PAR tools to learn the Language of Success
- Discover the 3 ways to align your life with your purpose and Passions
- Develop self discipline and manage your time and priorities
- Manage your ego and develop a Gain / Gain attitude
- Learn the 7 Laws of Effective Communications and excel in selling products, services and ideas
- Learn teamwork and how to create power teams
- Develop a roadmap to LIVE BY DESIGN

10 MONTHS

10 3 HOURS

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3 REVIEWS

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DAY 3

9:00 AM
5:00 PM



"This program [Success 101] has been quite useful for me and I have learned new ways of doing things in my personal life and with people around me.... so I highly recommend it to the professionals of my community, to the students to the individuals and businesses to take this program and it will help them significantly in the way they see things and the way they do things....if I have the time I will take this program again."

Dr. Haroon M, Chiropractor,
Success 101 Graduate

Day 3 – 9:00 am to 5:00 pm

Part 1: The Environments of You - In this Session you learn about The 9 Environments of You including:

- Description of the 9 Environments
- The effect of the environments on each other and on your performance
- Score yourself and use the environments to realize your goals and dreams

Part 2: Trust Building, Basic Human Needs and Influence - In this Session you learn about:

- How to develop self trust, inspire trust and extend trust to others and develop trust building habits and behaviors
- 6 levels of Human Needs from Maslow to Anthony Robbins and others and how to use them for creating rapport and good relationships
- 7 Principles of influence and how to use them to persuade other and build rapport

Part 3: Simple Strategies for Stress Management - In this session you learn how to manage stress productively using:

- The Nature's Guidance System
- Self Discipline Tools & Physical Activity Tools
- Mental Tools, Social /Emotional Tools & Spiritual Tools

Day 4 – 9:00 am to 5:00 pm

Part 1: Goal Setting and Goal Achieving - In this session you learn about:

- 3 pillars of Goal Setting
- 13 characteristics of written goals
- 3 pillars of Goal Achieving
- 12 steps to insure written goals are achieved
- Converting your business plan (vision and mission statements) to personal goals, and
- Apply what you learn using The CREATE™ Goal Setting and Achieving Format

Part 2: Summary and Graduation

- A Quick Summary and refresher
- Certification and celebration
- The next steps

DAY 4

9:00 AM
5:00 PM



10
45 MINUTES

10
HOURS

10
MINUTES

10
MINUTES

10
MINUTES

3
REVIEWS